

# HOW TO COLLECT *a fecal sample at home*

## Container

- We can provide you with a sterile cup for free!
- Any container (Tupperware or any old food container)
- Wash your container well with soap or run through the dishwasher.

## Amount

- Collect a sample the size of your thumb if possible.

## Delivery

- The fresher the better!
- Samples should be less than 6 hours old.
- Please refrigerate the sample if it cannot be brought in right away.
- If the fecal sample is needed to complete a blood work panel, we need the sample in 1 week from the blood draw.

## Tips For Your Pup

- Follow your pup outside so you can make sure you are collecting a fresh sample.

## Tips For Your Cat

- Try to obtain a fresh sample with as little litter on it as possible.
- Some contamination is okay!
- If there is more than one cat in the household, make sure to separate from others.

## Need Help?

- Please do not hesitate to call or text us with any questions. 636.447.4555
- If you cannot get a sample, let us know and we can try and obtain one during your scheduled appointment.

